

## THE CITY OF NEW YORK BRONX COMMUNITY BOARD 6

## 1932 Arthur Avenue, Room 403-A, Bronx, NY 10457

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Honorable Ruben Diaz Jr., Bronx Borough President

MS. EVONNE CAPERS Board Chairperson MR. JOHN SANCHEZ District Manager

Health and Human Services Committee Meeting Minutes
Tuesday, December 18, 2018
Jannie Armstrong, Committee Chairperson
Jacquetta Whaley, Committee Co-Chairperson

The Health and Human Services Committee met on Tuesday, December 18, 2018 at the Bronx Community Board #6's district office. The following member was present at this meeting: Michael Nelson

The following item was discussed:

 Presentation by Jose Quintana from the New York City Department of Health and Mental Hygiene on the National Fitness Campaign's National Fitness Court proposal

Mr. Quintana representing New York City Department of Health and Mental Hygiene presented on the National Fitness Campaign's National Fitness Court proposal. The Bronx Borough President's Office contacted Mr. Quintana's office regarding the National Fitness Campaign's National Fitness Court Proposal. A fitness court is now open in Brunswick, N. J. and will set up a court in Hartley Park, Mt. Vernon in 2019. The plan is to open more courts, one in Tremont Park possibly in 2020. The exercise plan is designed for a seven minute court workout.

This is a national and international effort to promote personal physical fitness without charge. The sponsors of these courts will be businesses like Walmart, Chick Fil a.

The Health and Human Services Committee meets every third Tuesday of the month at the Bronx Community Board #6's district office located at 1932 Arthur Avenue, Room 403-A.